



# Summary Of Services

## Treatment Modalities

- Individual Therapy
- Play Therapy
- Family Therapy
- Couples / Marriage Therapy
- Group Therapy
- Dialectical Behavioral Therapy

- Cognitive Behavioral Therapy

## Populations Served

Children

Adolescents

Adults

Seniors

Couples

## Providers

**Ty Matthews, LISW-CP**

**Elizabeth McNeely, LISW-CP**

**Janet Oliver White, LPC, CAC**

**Erin Stuck, MS, LPC**

**Mary Beirne Taylor, MEd, LPC**

**Alissa Hager, Med, LPC**

**Brittany Brehaut, ED.S, LPC**

**Ernesta Adams, Med, LPC**

**Rebecca Marcotte, MA, LPC**

**Alycia Toohey, LMFT**

**Melissa Covington, MEd, LPC**

**Rich Schlauch, LISW-CP**



Palmetto Counseling & Consulting Services, LLC of Rock Hill, SC is an outpatient behavioral healthcare practice that provides individual, family, couples, and group counseling services to children, adolescents, and adults.

Our skilled team of clinicians offer a wide-range of specialties to treat a broad range of mental and behavioral conditions including:

- ADHD
- Adjustment Issues
- Oppositional-Defiant Disorder
- Anxiety
- Eating Disorders
- Autism Spectrum Disorders
- Alcohol, Addiction, Substance Abuse
- Accidents / Illness
- Depression
- Bipolar Disorder
- Blended Family Issues
- Career Difficulties
- Child / Adolescent Problems
- Couples / Marital Therapy
- Christian Counseling
- Chronic Pain
- \* Divorce / Separation
- \* Parent-Child Relational Problems
- \* Life Transition Issues
- \* Obsessive Compulsive Disorder
- \* LGBT Issues
- \* Military - Related Issues
- \* Brief / Solution-Focused Therapy
- \* Panic Attacks
- \* Psychotic Disorders
- \* Stress Management
- \* Schizophrenia
- \* Developmental and Intellectual Disabilities
- \* Anger Problems
- \* Trauma
- \* Victims of Violence / Abuse
- \* Borderline Personality Disorder

**Evening & Saturday appointments available**

**Counseling services for Spanish-Speaking patients available**

**Most major insurance plans accepted including SC Medicaid & Medicare**

*Helping People Move Forward....*

### Palmetto Counseling, LLC

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