



Summary Of Services

Treatment Modalities

Individual Therapy

Play Therapy

Family Therapy

Couples / Marriage Therapy

Group Therapy

Dialectical Behavioral Therapy

Cognitive Behavioral Therapy

ADHD/ADD Testing

Psychiatric Medication Management

Populations Served

Children

Adolescents

Adults

Seniors

Couples



- In-Office or Virtual Appointments available
- Evening & Saturday appointments available
- Counseling services for Spanish-Speaking patients available
- Most major insurance plans accepted



[Palmetto Counseling & Consulting Services, LLC of Rock Hill, SC](#) is an outpatient behavioral healthcare practice that provides individual, family, couples, group counseling, and psychiatric medication management services to children, adolescents, and adults.

Our skilled team of clinicians offer a wide range of specialties to treat a broad range of mental and behavioral conditions including:

- ADHD/ADD Testing
- Adjustment Issues
- Oppositional-Defiant Disorder
- Anxiety
- Eating Disorders
- Autism Spectrum Disorders
- Alcohol, Addiction, Substance Abuse
- Accidents / Illness
- Depression
- Bipolar Disorder
- Blended Family Issues
- Developmental and Intellectual Disabilities
- Child / Adolescent Problems
- Couples / Marital Therapy
- Christian Counseling
- Chronic Pain
- * Divorce / Separation
- * Parent-Child Relational Problems
- * Life Transition Issues
- * Obsessive Compulsive Disorder
- * LGBT Issues
- * Military – Related Issues
- * Brief / Solution-Focused Therapy
- * Panic Attacks
- * Psychotic Disorders
- * Stress Management
- * Schizophrenia
- * Career Difficulties
- * Anger Problems
- * Trauma
- * Victims of Violence /Abuse
- * Borderline Personality Disorder

Helping People Move Forward....

[Palmetto Counseling, LLC](#)

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